



PLACES TO VISIT

Discover and explore some of the places that we have chosen for you

❖ Sintra

The romantic town of Sintra is a World Heritage Site with a fairytale atmosphere and where nature reigns supreme. Lose yourself in the mystery which surrounds this great little town and sense the mist of the Monte da Lua (Sintra Mountains). Explore the convents, palaces, woods, springs, chapels, hermitages and endless other spots of indescribable beauty and charm...Prepare yourself to be amazed at every turn!!

⦿ Climbing the Monte da Lua - Sintra Mountains

At every step of your journey through the beautiful and majestic Serra de Sintra, there's something worth taking a closer look at. Experience the world of the Franciscan friars at the **Convent of the Capuchins** and discover the delights of the romantic and serene **Parque da Pena!** When you reach the top, make sure not to miss out on the **Palácio da Pena** or the nearby **Chalet da Condessa**. A little further on, learn about Portugal's Moorish history at **the Castelo dos Mouros**. For more detailed information on prices and opening hours:

www.parquesdesintra.pt/en

Our tour continues with a visit to the magnificent and mystical **Quinta da Regaleira**, bursting with magic and intrigue. Its exquisite architecture is notable for the range of styles it exhibits. Find out the events schedule at the Quinta da Regaleira and much more at:

www.regaleira.pt

Next stop is the **Miradouro de Seteais** viewpoint, with its peerless views over the Sintra region! The sight of the deep blue of the sea set against the lush green of the surrounding vegetation is something to behold and gives the spirit an immediate lift!!

www.cm-sintra.pt

No better place to appreciate the wonders of the natural world than the gorgeous **Jardins de Monserrate**. Explore its hidden corners, waterfalls and lakes and admire its collection of over 3,000 species of exotic plants, originating from all five continents. While you're there, spare some time to marvel at the stunning architecture of **Palácio de Monserrate**. Located 5 km from the historical center, along the Monserrate Motorway.

www.parquesdesintra.pt/en

⦿ From the Mountains to the Village!!

Every corner of this great little town abounds with aromas, flavors and colors...which charm and inspire...

The pleasant and leafy **Volta do Duche** walk offers endless opportunities to admire the panoramic views extending from the Parque da Liberdade to the majestic Sintra National Palace (also known as the **Town Palace** and well worth a visit). The sculptures, painters, palaces, mansions and handicrafts which line the way are sure to keep you entertained. For a moment of relaxation, stop at the famous (and beautiful) **Fonte Mourisca** with its crystal clear waters. Address: Volta do Duche, 12

No trip to Sintra is complete without experiencing the comforting sweetness of a

tasty **Queijadinha**, a local delicacy! Get down to **SAPA** (the original producers of the famous queijadas de Sintra) and find out what all the fuss is about!!! Address: Volta do Duche, 12

Situated in the middle of Sintra's old town, the charming tearoom **A Raposa** is a traditional establishment with a refined atmosphere, dating from 1888. Choose from a vast array of teas or enjoy a nice glass of wine! If you decide to stay for dinner, there's live music on Fridays, Saturdays and Sundays!

The **Café Saudade**, boasting family atmosphere and brimming with personality, is also well worth a visit. Specializing in Portuguese handicrafts and silverware, you can also enjoy some of their signature dishes and live music. Avenida Dr. Miguel Bombarda,6

But it doesn't stop there! Don't leave Sintra before you've tried the famous and delicious **Travesseiros** at **Café Piriquita**, another typical sweet of this beautiful town. Rua das Padarias 1/7

Just next door to the **Olga Cadaval Cultural Centre** (a great exhibition and concert venue), there's a charming haberdashery shop called **Antiga Drogaria**, a lively, colourful and friendly place, full of linen, wool, handicrafts, buttons, clasps and other original and unique items. Lose yourself in this world of textures and fabrics! Address: Esquina da Av. Heliodoro Salgado

www.vidadebairro.pt/?p=59

Staying overnight? If you like dancing to Celtic, Medieval or World beats, head in the direction of the Quinta da Regaleira and visit the Medieval Pub **Casa do Fauno**. Open Fridays and Saturdays with live music. Address: Quinta dos Lobos, 1, Caminho dos Frades (400 m from Quinta da Regaleira, Sintra) – Facebook:

www.facebook.com/pubmedievalcasadofauno

⊙ Travelling back in time!

Why not travel by horse and cart and feel like an aristocrat! There are various routes available. For more information on prices and times go to:

www.sintraromantica.net/en/mobility

⊙ A little quicker but still something of a bygone age!

Catch the tram to **Praia das Maçãs**, enjoy the sun and sea, while savoring Atlantic flavors at the “**Búzio**” restaurant!!! Avenida Eugene Levy 56

“Museums are bridges between worlds that offer us memory”

Toy Museum
www.museu-do-brinquedo.pt

Natural History Museum
www.cm-sintra.pt

RESTAURANTS

⊙ Azenhas do Mar

Enjoy a great sea view and stunning sunset! Diners can also enjoy a late lunch. For those setting off from Areias do Seixo, this restaurant is on the way to Sintra.

Azenhas do Mar, 2705-104 Colares – Sintra

Tel: (+ 351) 219 280 739

www.azenhasdomar.com

Open every day from 12.00 p.m. to 10.00 p.m.

⊙ Tivoli Palácio Seteais

Enter a fairytale world of princes and princesses Seteais ... a romantic palace with a magnificent view of the Sintra Mountains, surrounded by fantastic gardens.

Rua Barbosa do Bocage, 8, 2710-517 Sintra

Tel: (+ 351) 219 233 200

www.tivolihotels.com/pt/hoteis/sintra/tivoli-palacio-de-seteais/o-hotel.aspx

Open every day from 12.30 p.m. to 3.00 p.m. and from 7.30 p.m. to 10.00 p.m.

⊙ Praia da Adraga

Portuguese food, fish and seafood.

Rua da Praia da Adraga, Almoçageme, 2705-065
Colares

Tel: (+ 351) 219 280 028

<http://www.restaurantedaadraga.com/>

Open every day from 12.30 pm to 10h30 pm

⊙ O Búzio

Fish and seafood.

Avenida Eugene Levy, Praia das Maçãs, 2705-304
Colares

Tel: (+ 351) 219 292 172

www.buziorestaurante.pt

Open every day from 12.00 to 11h00 pm

TEA HOUSES / CAFÉS

⊙ Café Saudade

A soulful stop.

Avenida Dr. Miguel Bombarda, 6 Sintra

Tel: (+ 351) 212 428 804

www.saudade.pt

Open every day from 08.30 am to 08h00 pm

⊙ Casa de Chá A Raposa

A charming tea house since 1888.

Rua Conde Ferreira, 29, Sintra

Tel: (+ 351) 219 434 440

Open every day except Mondays, from 01h00 pm to
11h00 pm

⊙ Piriquita

Come and try a “Travesseiro”.

Rua das Padarias 1/7, 2710-603 Sintra

Tel: (+ 351) 219 230 626

Open every day except Wednesdays, from
09h00 am to 09h00 pm

Tourism Information Office

Praça da República, nº 23, 2710-616 Sintra

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