

## PLACES TO VISIT

Discover and explore some of the places that we have chosen for you

### ❖ Cascais

Once a small fishing community, the town of Cascais is now one of the most charming and delightful places on the Portuguese coast.

Considered by many to be part of the “Portuguese Riviera”, the town became popular when royal families chose it as their favourite place for holidays. In the 20th century, the royal families of Spain and Italy were exiled there during the Second World War.

Head for the town centre and lose yourself among the narrow maze of streets and pedestrianised zones, which are packed with peculiar shops and bars and characterised by a mixture of European cultures.

Take the opportunity to go for a pleasant stroll on the seafront along the famous **paredão** (sea wall), which connects the various beaches in Cascais. For many, it’s the ideal place for doing exercise, relaxing and enjoying a magnificent sunset.

In warm weather, and whenever we feel like something sweet, few places have such delicious ice-creams as **Santini**. A simple and inviting spot filled with delectable flavours and 100% natural ingredients. Santini is located in the street that runs down past McDonald’s, close to the train station. Av. Valbom 28 F, Cascais

<http://www.santini.pt/>

Drop by the **Praia dos Pescadores** (Fishermen’s Beach) and observe the real “roots” of Cascais. The simplicity of the boats, the fishermen and the town’s strong connection with the sea are its hallmark.

If you like sailing, then you’ll love the **Cascais Marina**. Here you’ll find luxury yachts, restaurants and bars in an elegant and glamorous setting.

<http://mymarinacascais.com/>

You should also visit one of the city’s most emblematic spots, **Boca do Inferno** (Hell’s Mouth). Located on the west coast of the town, it’s a cliff that has become an open-air cave over the years thanks to the pounding of the waves. Let this place hypnotise you and you’ll soon see why it’s the most charismatic landscape and a favourite among the tourists.

[http://www.sal.pt/cascais/p1\\_cascais\\_pp\\_nabocadoinferno.shtml](http://www.sal.pt/cascais/p1_cascais_pp_nabocadoinferno.shtml)

If you like history, look for the **São Jorge de Oitavos Fort** and ask for a guided tour. Here you’ll discover the memoirs of soldiers, how artillery and uniforms for coastal defence evolved and a fascinating military universe dating back to the mid-17th century.

<http://www.cm-cascais.pt/equipamento/forte-de-sao-jorge-de-oitavos>

If you’re an art lover, **Paula Rego’s House of Stories** is your house too. Built in 2006, it consists of an exhibition of several contemporary works that provides an important cultural and educational service for the population.

<http://www.casdashistoriaspaularego.com/en/>

Cascais, a beautiful and bewitching town!

## RESTAURANTS

### GUINCHO

#### ☉ Monte Mar

Enjoy a stunning sea view and a wonderful sunset!

Specialities: Fresh fish and seafood.

Avenida Nossa Senhora do Cabo, nº 2845,  
Guincho, 2750-374 Cascais

Tel.: (+351) 214 869 270

[www.montemarrestaurante.com](http://www.montemarrestaurante.com)

Open very day of the week from 12.00 p.m. to 23.00 p.m.  
except Mondays

#### ☉ Fortaleza do Guincho

Superb sea view and sunset.

Traditional French cuisine.

Estrada do Guincho, Praia do Guincho, 2750-642  
Cascais

Tel.: (+351) 214 870 491

[www.fortalezadoguincho.pt](http://www.fortalezadoguincho.pt)

Open every day from 12.30 p.m. to 3.00 p.m. and from  
7.30 p.m. to 10.30 p.m.

#### ☉ Porto de Santa Maria

Another restaurant offering dinner at sunset  
and a beautiful Atlantic view.

Specialities: Fresh fish and seafood.

Estrada do Guincho, Praia do Guincho, 2750-640  
Cascais

Tel.: (+351) 214 879 450

[www.portosantamaria.com](http://www.portosantamaria.com)

Open every day from 12.30 p.m. to 3.30 p.m. and from  
7.30 p.m. to 11.30 p.m.

#### **Tourist information:**

Rua Visconde da Luz, n.º 14. 2750-414 Cascais

Tel.: (+351) 214 822 327